



# BHARAT INSTITUTE OF ENGINEERING AND TECHNOLOGY

Mangalpally (Village), Ibrahimpatnam (Mandal), RangaReddy District-501510.

## CRITERION 5 – STUDENTS SUPPORT AND PROGRESSION

### 5.1.3 – CAPACITY BUILDING AND SKILLS ENHANCEMENT INITIATIVES

#### YOGA & MEDITATION

S.No	Name of the Events	Organised by	Date	Venue	Number of Participants
1.	Yoga Day Celebration	NSS Cell, Bharat Institute of Engineering and Technology	21-06-2019	NB AUDITORIUM	986
2.	Yoga (National Youth Day)	VIHE- Hyderabad	10-01-2019 to 12-01-2019	VIHE – Secunderabad	44
3.	Induction Program	Department of S&H, Bharat Institute of Engineering and Technology	28-07-2018	NB AUDITORIUM	477
4.	JNTUH- YOGA WOMEN TEAM SELECTION	JNTU – Hyderabad	27-11-2019	JNTU- Hyderabad	1



Principal  
Bharat Institute of Engg. and Tech  
Mangalpally (V), Ibrahimpatnam (M)  
Ranga Reddy (Dist), Telangana-501510



Admin I/C EEE <admin.eee@biet.ac.in>

## Yoga Day Program

1 message

J. R. V. JENY <jrvjeny@biet.ac.in>

21 June 2018 at 10:34

To: admin@biet.ac.in, CSE Admin <admin.cse@biet.ac.in>, ADMIN INCHARGE <admin.eee@biet.ac.in>, Admin I/C ECE <admin.ece@biet.ac.in>, "admin.civil" <admin.civil@biet.ac.in>, admin.mech@biet.ac.in, academic.ece@biet.ac.in, academic.eee@biet.ac.in, Academic cse <academic.cse@biet.ac.in>, academic.civil@biet.ac.in, academic.mech@biet.ac.in, hr@biet.ac.in

Dear All,


ALL FACULTY AND STUDENTS (EXCEPT SAP STUDENTS AND FACULTY) ARE INFORMED TO ASSEMBLE IN AUDITORIUM TODAY(21-6-2018) BY 11 AM FOR YOGA DAY CELEBRATION WITHOUT FAIL(INCLUDING 'O' BLOCK TRAINING STUDENTS AND FACULTY).

NOTE:

- 1)ADMIN AND ACADEMIC I/C'S ARE INFORMED TO DO THE NEEDFUL FOR THE SUCCESSFUL CONDUCTION.
- 2)ADMIN I/C'S ARE INFORMED TO TAKE THE ATTENDANCE OF THE STUDENTS
- 3)FACULTY ATTENDANCE IS COMPULSORY(IT WILL BE TAKEN IN AUDITORIUM)

WITH REGARDS,  
DR.J.R.V.JENY



  
Principal  
Bharat Institute of Engg. and Tech  
Mangalpally(V), Ibrahimpatnam  
Ranga Reddy (Dist)-Telangana-501510



# BHARAT INSTITUTE OF ENGINEERING AND TECHNOLOGY

Mangalpally (Village), Ibrahimpatnam (Mandal), RangaReddy District-501510.

## CRITERION 5 – CAPACITY BUILDING AND SKILLS ENHANCEMENT INITIATIVES

### YOGA DAY CELEBRATION

Number of Students Benefitted – 986

Date – 21-06-2018

Place of Conduct – BIET, Hyderabad

*In the view of Yoga Day, NSS Cell of Bharat Institute of Engineering and Technology – Hyderabad has organized event for Faculties and Students.*

*The students were given a lecture on benefits of Yoga and Meditation.*







Mangalpally(V), Ibrahimpatnam(M),  
Ranga Reddy (Dist)-Telangana-501510





## BHARAT INSTITUTE OF ENGINEERING AND TECHNOLOGY

Mangalpally (Village), Ibrahimpatnam (Mandal), RangaReddy District-501510.

### CRITERION 5 – CAPACITY BUILDING AND SKILLS ENHANCEMENT INITIATIVES

#### SOFT SKILLS

#### SOFT SKILLS LECTURE AND YOGA

Number of Students Benefitted – 44

Place of Conduct – *RK MATH, Secunderabad.*

*In the view of National Youth Day, Vivekananda Institute of Human Excellence – Hyderabad has organized a two days event for Boys (10-01-2019) and Girls (11-01-2019) followed by a rally on 12-01-2019*

*The students were given a motivational talk by well-known speakers. The students were introduced with benefits of Yoga.*

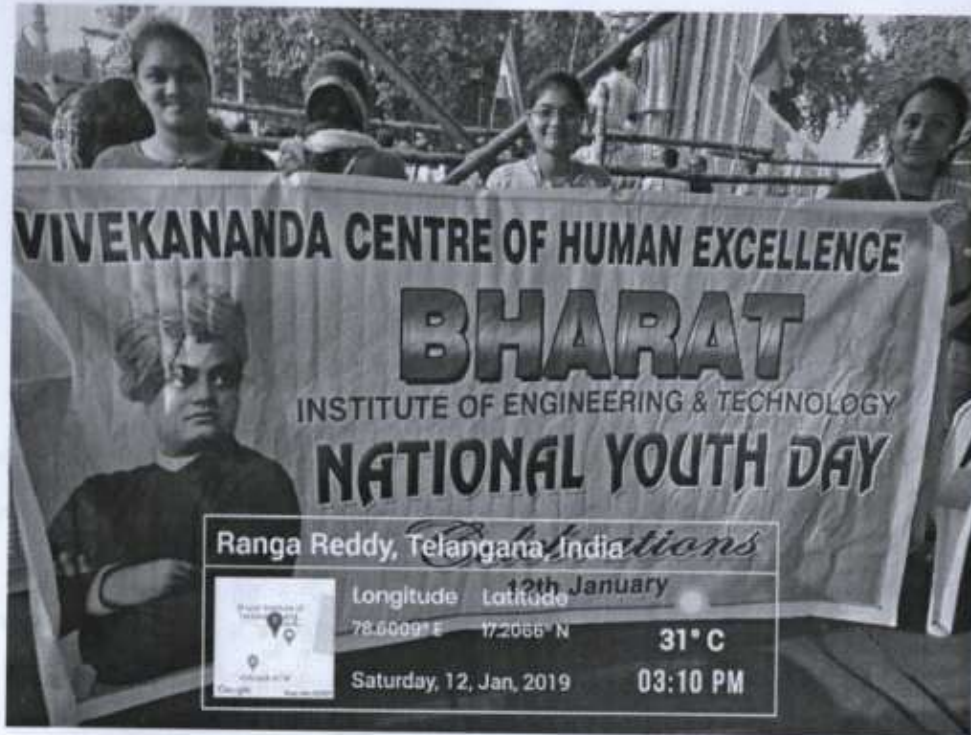
#### *Students who participated in the National Youth day*

S.NO	HT NO	NAME
1	16E11A0465	RAMAGIRI MAHESH KUMAR
2	16E11A0503	A UTTEJ REDDY
3	16E11A04E7	BARAGADA SAI SURYA LIKITHA
4	16E11A1225	BATLANKI TEJO PREETHI
5	16E11A04G5	DASOJU VYSHANVI
6	16E11A04I4	DENDUKURI D TEJA VARMA
7	16E11A1210	DOMMATA RAKESH
8	16E11A04I7	G.MANEESH REDDY
9	16E11A04H7	JAKKA POOJITHA PRIYANKA
10	16E11A04G9	KANDIKANTI K SRAVYA
11	15E11A0586	KETHAVATH K.BHARATH
12	16E11A1206	M SAI APOORV
13	16E11A05A2	MEHRA MOULLICK
14	16E11A04I0	POLA P CHANDANA
15	16E11A0328	R. SHANTHI KUMAR
16	16E11A04I3	RAMIDI MANISHA
17	16E11A0548	SINGH RISHIRAJ
18	16E11A0298	SOPPARI SHIVANI
19	17E15A0212	SUMAN
20	16E11A0307	T. KASIVARA PRASAD RAO
21	16E11A0309	T. LOKESH REDDY
22	17E15A0223	TADABOYANA SRIKANTH
23	17E15A0217	TENUGOLLU KEERTHI

24	16E11A02A0	THADAGOPPULA VINAY KUMAR
25	16E15A0207	THANDU DILEEP KUMAR
26	16E11A0231	THOTA T.AKHIL
27	16E11A0204	TIRUMALA ASHWINI
28	16E11A0299	TONDA NARESH
29	16E11A0234	TOORPU SUDHARSHAN REDDY
30	16E11A04F5	TUMMALAPALLI HARI VAISHNAVI
31	16E11A0327	U.SATYA
32	16E11A0348	V.MASTAN
33	17E15A0322	V.NAVEEN.
34	16E11A0519	VADAPALLY ADITYA
35	16E11A0514	VADDI CHARAN TEJA
36	16E11A05J0	VARANASI AMRUTH
37	16E11A05C1	VEMULA SHIRISHA
38	16E11A0531	VEMURI ABHISHEK
39	16E11A0501	VINJAM HEMALATHA
40	16E11A05E3	Y SUSHANTH REDDY
41	16E11A0362	Y.SAI TEJA
42	16E11A05C2	Y VENKATA SIVA NAGARAJU
43	16E11A05A6	YATELI MANOHAR REDDY
44	16E11A05H1	YERAVALLI BHAVANI



**Dignitaries addressing the gatherings**



Rally by BIET Students on 12-01-2019 in the eve of National Youth Day.



Principal  
 Bharat Institute of Engg. and Tech  
 Mangalpally(V), Ibrahimpatnam(1  
 Ranga Reddy (Dist)-Telangana-501510



# BHARAT INSTITUTE OF ENGINEERING AND TECHNOLOGY

Mangalpally (V), Ibrahimpatnam (M), R.R. DIST.

## CIRCULAR

This is to inform to all the students that as a part "157<sup>th</sup> Birthday Celebrations of Swami Vivekananda", youth camp for boys will be conducted on 10<sup>th</sup> January-2019 and youth camp for girls will be conducted in 11<sup>th</sup> January-2019 at Ramakrishna Math, Domalguda, Hyderabad. The registration fee for the event is Rs.50/-. The duration of the program will be from 08:00AM to 07:00PM. Breakfast, lunch and tea will be provided at the venue. Personality Development sessions will be conducted by Experts. The detailed brochure is enclosed.

The students interested to participate in events can give their names to the respective class incharges.

Surendra  
O-Block-Incharge-VIHE

Srinu  
O-Block Incharge

III - CSE-C - R. Akhilesh - R. Arun

III CSE-B - V. Seelitha Dhruv

II CSE-D - K. Surendra - Sank

CSE-A -

II 2T - Arati S S - Arati

III ECE-B - D. Hrudh

III ECE-D - Raj

III ECE I

II CSE-C - Don (Rung Saha)

II ~~IT~~ N.P. 09/1/19

II CSE-A - G. Rashmi 09/1/2019

II CSE-B - K.S. Pasimala 09/1/2019

Srinu  
Principal  
Bharat Institute of Engg. and Tech  
Mangalpally(V), Ibrahimpatnam  
Ranga Reddy (Dist)-Telangana-501510



# 56<sup>TH</sup> BIRTHDAY CELEBRATIONS OF SWAMI VIVEKANANDA



**Shri Sharad Sagar**  
Founder & CEO Dexterity Global

Jan  
10<sup>th</sup> &  
11<sup>th</sup> 2019

Jan 10<sup>th</sup> - Boys  
Youth Camp  
Jan 11<sup>th</sup> - Girls  
Youth Camp  
8 am - 7 pm

At

**Vivekananda Institute Of Human Excellence**  
RAMAKRISHNA MATH  
DOMALGUDA

Sharad Sagar, an Indian Youth Icon, a globally renowned Entrepreneur, Forbes Listed him in '30 under 30 List'  
"The world will become only as great a place to live in as we make it" - Sharad Sagar

**Learn more about his Inspirational Journey!**

**All the Youth are Invited!**

*Admissions by Delegate Pass only!*

*Contact - The Director, VIHE*

*Contact Number: 040-27627961*



(Message of Strength, Fearlessness,  
Sacrifice, Character & Excellence)

## YOUTH CAMP

For UG & PG students and Young Professionals.

### Boys Camp

Date: Thu 10th January 2019  
Timings: 8.00 am to 7.00 pm

### Girls Camp

Date: Fri 11th January 2019  
Timings: 8.00 am to 7.00 pm

#### What will you Learn

Devotional Music  
and Meditation

Personality Development  
Session by Experts

Brainstorming sessions

Character Building

**Admissions in progress**

100% participation  
in all sessions  
is mandatory.

Dress Code:  
Formal dressing  
(Salwar - Kameez)  
Avoid Tight Fittings.

Delegate fee:  
**₹ 50/-**

Breakfast, Lunch, Tea



# Vivekananda Institute of Human Excellence

Ramakrishna Math, Hyderabad - 500029

## SRADDHA

*(Message of Strength, Fearlessness, Sacrifice, Character & Excellence)*

### Participation Certificate



*This is certify that*

**Ms. K. SAI KALYANI**

*has participated in the Youth Camp For Girls*

*held on 11-01-2019 in the Institute premises.*

*Our greetings to the Participant.*

*Swami Bodhamayananda*

Swami Bodhamayananda

Director

Swami Bodhamayananda

Bharat Institute of Yoga and Teri  
Mangalpally(V), Ibrahimpatnam,  
Ranga Reddy (Dist)-Telangana-501510



# Vivekananda Institute of Human Excellence

Ramakrishna Math, Hyderabad - 500029

## SRADDHA

(Message of Strength, Fearlessness, Sacrifice, Character & Excellence)

### Participation Certificate

*This is certify that*

**Ms. SIMARPREET KAUR**

*has participated in the Youth Camp For Girls held on 11-01-2019 in the Institute premises.*

*Our greetings to the Participant.*

*Swami Bodhamayananda*

Swami Bodhamayananda  
Director

*Swami Inanananda*  
Swami Inanananda  
Adhyaksha



Principal  
Bharat Institute of Engg. and Tech.  
Mangalpally(V), Ibrahimpet  
Ranga Reddy (Dist)-Telangana...





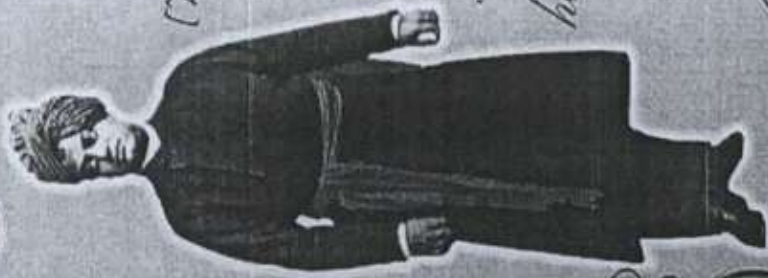
# Vivekananda Institute of Human Excellence

Ramakrishna Math, Hyderabad - 500029

## SRADDHA

(Message of Strength, Fearlessness, Sacrifice, Character & Excellence)

### Participation Certificate



*This is certify that*

**Ms. KANDADI ROOHINI REDDY**

*has participated in the Youth Camp For Girls*

*held on 11-01-2019 in the Institute premises.*

*Our greetings to the Participant.*

*Swami Bodhamayananda*

Swami Bodhamayananda

Director

*Swami Jnanadananda*

Swami Jnanadananda

Adhyaksha

Principal

Charat Institute of Engineering & Tech

Mangalpally(Vijayaram(M)

Ranga Reddy (Dist. Hyderabad) - 501510





# Vivekananda Institute of Human Excellence

Ramakrishna Math, Hyderabad - 500029



## SRADDHA

(Message of Strength, Fearlessness, Sacrifice, Character & Excellence)

### Participation Certificate



*This is certify that*

**Ms. MRUNMAYEE NANDEDKAR**

*has participated in the Youth Camp For Girls*

*held on 11-01-2019 in the Institute premises.*

*Our greetings to the Participant.*

*Swami Bodhamayananda*

Swami Bodhamayananda

Director

*Swami Jnanadananda*

Swami Jnanadananda

Principal, Adhyakshya

and Tech

Department, Patnam(M)

Bharat Institute of

Mangalagiri

Ranga Reddy, Andhra Pradesh-501510



## BHARAT INSTITUTIONS

### **NATIONAL YOUTH DAY CELEBRATION PROGRAMME HELD ON 10/1/2019**

Programme started with a nice introduction of Yoga and few Asanas.

#### **Few points to be remembered which was discussed by Swami Bodhamayananda:**

- RK Math believes in training the individuals from roots.(Purity Drilling Machine)
- Raw products can be turned in to diamonds due to these sessions.
- There are four kinds of people in the world.
  - 1) They don't know that they don't know.
  - 2) They don't know that they know.
  - 3) They know that they know.
  - 4) They know that they don't know
- Three 'H' concepts is an important one to remember.
- Heart to feel
- Heart to think
- Hands to work
- For awakening the soul we have to look who/why/how rather than what/where.
- Nature is not a problem the perception that we have towards it is a problem.
- Don't see far, see near.
- Character should be proper, mind should be increased
- Youth are committing suicide or becoming drug addicts due to lack of mind management.
- Bagavatgita is a subject in BITS Pilani but they are also alcoholics & drug addicts.
- Give time for psychology study
- Metamorphosis(Transformation of Caterpillar to butterfly)
- Karmakshetra(Purifying inner-self)
- "There is a slip between the cup and the lip.
- So much damage is happened due to lack of Ethics & Values
- The purpose of education is not to provide information.(Running riot is undigested)
- Education is manifestation of perfection already in Human-being.
- Give nourishment to the root of a tree on a daily basis.
- 2 books which can be read 1)The Third Wave 2)Future Shock by Alwyn Tofler
- We have to give value to the systems



- '3' important problems in Human-being Mala(Dirt) It should become Nirmala by doing service to the needy, Vikeshepa(restlessness) can be controlled by Upana and pranayama, Avarana(cloud in the sky) can be controlled by self analysis & Yoga.
- Sharat Vivek Sagar(who got 3 crore's scholarship in US), The second Indian who have called by Barakh Obama to White House to discuss about the Indian Education System.
- We are polishing outside but not inside, we have to feed inside with shradha & nuclear energy.
- Religion is Manifestation of Divinity which is already in man.
- "Strength is Life, Weakness is Death"-Swami Vivekananda.

#### **Few Important points by Mr.Maruthi Kiran**

- Students are not concentrating on their career
- We should connect to the students by being friendly
- Individuality should be in thinking
- New ideas & knowledge is important to the students (Take real time examples movies, society etc.)
- Put your heart & soul in teaching by giving your 100% in your profession you will reach a great level of philosophy.
- Student asked teacher about the weight of the earth, Teacher referred books and told him the weight and the student's doubt was "with people/without people?"
- Every generation is differing with son & inclined with grandfather.
- Share the household work along with wife
- If you are unable to reconcile remember "It is just like that, it can't be otherwise."
- "Men are from mars, women are from venus"
- Einstein said "If universe is coincidentally happened you are also coincidence".
- A baby is god's opinion that world should go on (it has a purpose)
- We are just surviving/not living.
- Mother is embodiment of God, we should respect her.
- Human relationship are totally ruined because of improper parent-ship
- Teacher can raise a generation/ruin a generation
- "If you are getting tired, change the way you play"-Sania Mirja.
- It's a profession of teacher which makes all other professions.
- "Every species life is already decided & it's an absolute good truth, we are living in it."
- Under the sun each & everything is a subject.
- People /things will come in to your life with a reason, without reason you cannot be connected to an incident.

- If it's your life you have to adjust with it. You can't expect more, you should feel satisfied with what you have.
- At the age of 40 our mental/physical level will be optimum.
- Learn new things every day.

**Few Important Points by Mr.A.S.Balaji**

- Best Teacher is always remembered.
- Contributory programme (Contributor go beyond his profession without accepting anything for the betterment of society)
- Conceive an idea/analyzing your capability.
- If the direction of sight is changed the contribution is going to add it.

Principal  
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# BHARAT INSTITUTE OF ENGINEERING AND TECHNOLOGY

Mangalpally (Village), Ibrahimpatnam (Mandal), RangaReddy District-501510.

## CRITERION 5 – CAPACITY BUILDING AND SKILLS ENHANCEMENT INITIATIVES

### INDUCTION PROGRAM FOR 1<sup>st</sup> YEAR

Number of Students Benefitted – 477

Date – 28-07-2018

Place of Conduct – BIET, Hyderabad

*First Year students were given an orientation and induction program on various activity. The nine day program constitutes of various programs like guest lecture, basic activities like tree plantation, rangoli. Two days were specified for Yoga (21-07-2018 and 28-07-2018). Students were taught basic yoga for daily routine and explained benefits of it.*





Bharat Institute of  
Mangalpally(V), Ibrahimpatna  
Ranga Reddy (Dist)-Telangana-501510





**JNTUH – TEAM SELECTION**

**Number of Students Benefitted – 1**

**Date – 27-11-2019**

**Place of Conduct – JNTUH, Hyderabad**

**D. Hamika, 18E15A0119 – Civil Department has been selected in the Yoga – Women team of JNTU-Hyderabad. She has represented yoga skills in RGIT (IIT-Nuzivid)**

Mob: 944-011-1111  
Email: ykrishna@jntuh.ac.in

**JNTUH COLLEGE OF ENGINEERING SULTANPUR**  
Sultaapur (Vill), Pulkal(Mdl),Sangareddy (Dist) – 502273, Telangana (India)

27/11/2019

From  
Y. Gopi Krishna  
Professor of physical education  
JNTUH College of Engineering sultanpur &  
Secretary  
JNTUH inter collegiate sports and games

To,  
The Principal  
Bharath Institute of Eng & Tech  
Mangalpally.

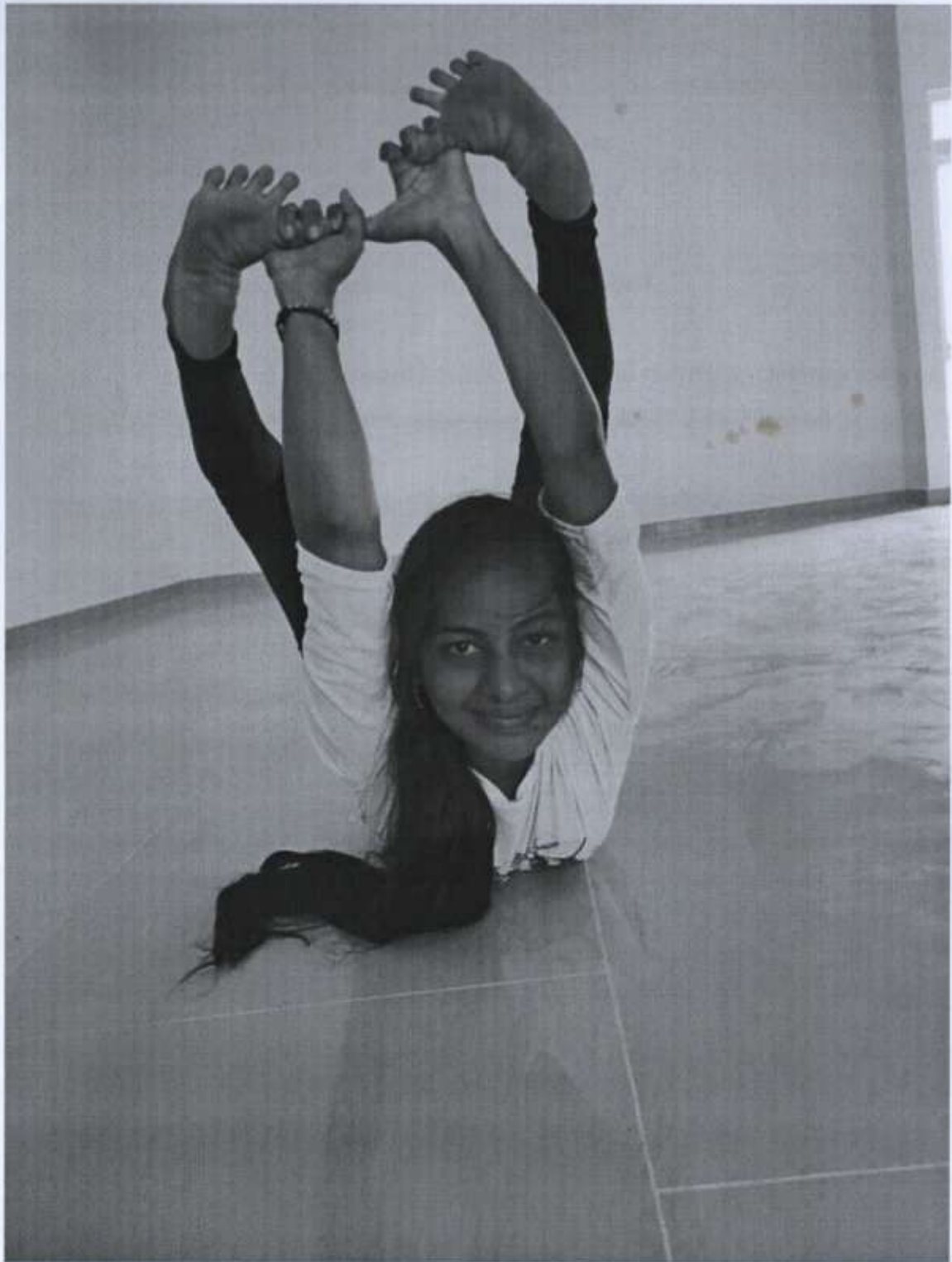
Sir,  
Sub-JNTUH IUT team Selection and participation – Participation of your student – Regarding.

I am glad to bring to your kind notice the following students of your college attended the University YOGA WOMEN team selection trials held - 12/12/2019 and got selected to represent the JNTUH university in the All India/ South zone inter university YOGA WOMEN Tournament to be held at RGIT university Nuzivvedu from 6/01/2020 to 10/01/2020. This is for favour of information and necessary action. Team leaving on 05/01/2020

S.No	Name	Branch	Year	Roll NO
✓ 1)	<u>D. Hamika</u>	<u>CIVIL</u>	<u>III/IV</u>	<u>18E15A0119</u>
2)				
3)				
4)				
5)				

Thanking you,

Your faithfully  
Y. Gopi Krishna  
**Dr. Y. GOPI KRISHNA**  
PROFESSOR OF PHYSICAL EDUCATION  
JNTUH COLLEGE OF ENGG. SULTANPUR  
Sultaapur (V), Sangareddy Dist. (T.S.)



  
Principal  
Bharat Institute of Engg. and Tech  
Mangalpally(V), Ibrahimpatnam  
Ranga Reddy (Dist)-Telangana-501510